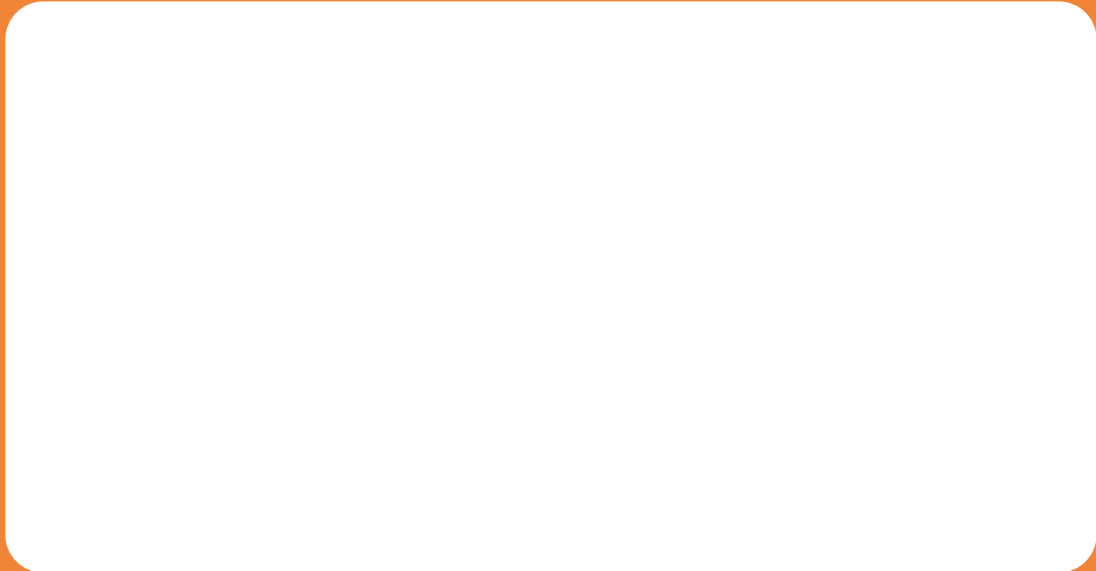


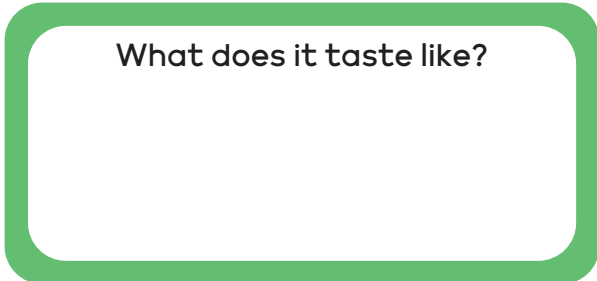
FAVOURITE FOODS

Pick your favourite food – it could be a snack or a whole meal. Draw a picture of it in the box below.

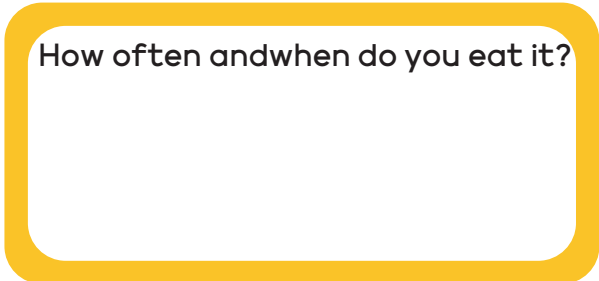
My favourite food is:



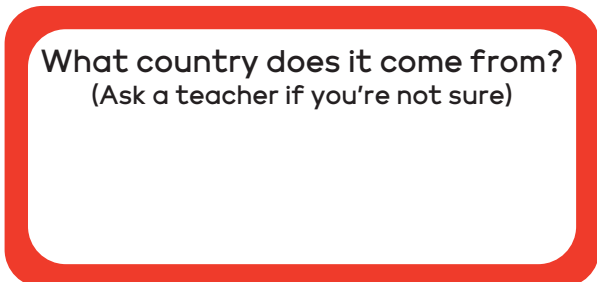
What does it taste like?



How often and when do you eat it?



What country does it come from?
(Ask a teacher if you're not sure)



What do you eat it with?
(i.e. a fork, chopsticks, your hands, etc.)



Take turns to present your favourite foods to the class. What other foods did you hear about that you would like to try?



WELCOME TO OUR TABLE!

WRITTEN BY LAURA MUCHA AND ED SMITH

ILLUSTRATED BY HARRIET LYNAS

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RESEARCH TIME!

Now that you've shared your favourite food with everyone let's find out if children from other countries eat the same thing or if they cook it differently.

Identify the main ingredient from your selected food. If it's a snack, what is that snack made from?

Using *Welcome to Our Table* and the internet, search for how other countries cook that same ingredient.

Use the boxes below to record your findings and draw a picture of each dish:

Main ingredient:

Country:

Dish:

Country:

Dish:

Country:

Dish:

Country:

Dish:



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TOP TASTES

Number of Players: 2

1. Cut out all of the info cards and backing cards.
2. Stick the backing cards to the back of the info cards.
3. Shuffle the cards and give both players five cards.
4. Place the remaining cards in the middle of the table – this is your draw pile.
5. Turn over the top card from the draw pile and place it face up next to it – this is your discard pile.
6. The aim of the game is to either collect one of each taste (bitter, salty, savoury sweet, and sour), or a whole hand of one taste.
7. Take it in turns to draw a card from the draw pile or the discard pile and decide whether to keep it or not. If you keep it, you must discard one of your cards into the discard pile. If you don't want to keep the card, place it in the discard pile.
8. Take it in turns until one of you has a winning set!

Draw pile

Discard pile

Winning Hands:

5 of the same type:



1 of each type of card:



Player 1

Player 2



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Crème Brûlée



SWEET

Rambutan



SWEET

Apples



SWEET

Baklava



SWEET

Ice Cream



SWEET

Syrup



SWEET

Churros



SWEET

Bananas



SWEET

Crisps



SALTY

Cecina



SALTY

Surströmming



SALTY

Anchovies



SALTY

Parmesan



SALTY

Biltong



SALTY

Douchi



SALTY

Jamón



SALTY

Sauerkraut



SOUR

Cornichons



SOUR

Yoghurt













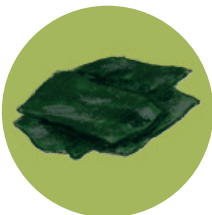









SOUR

Makrut Lime

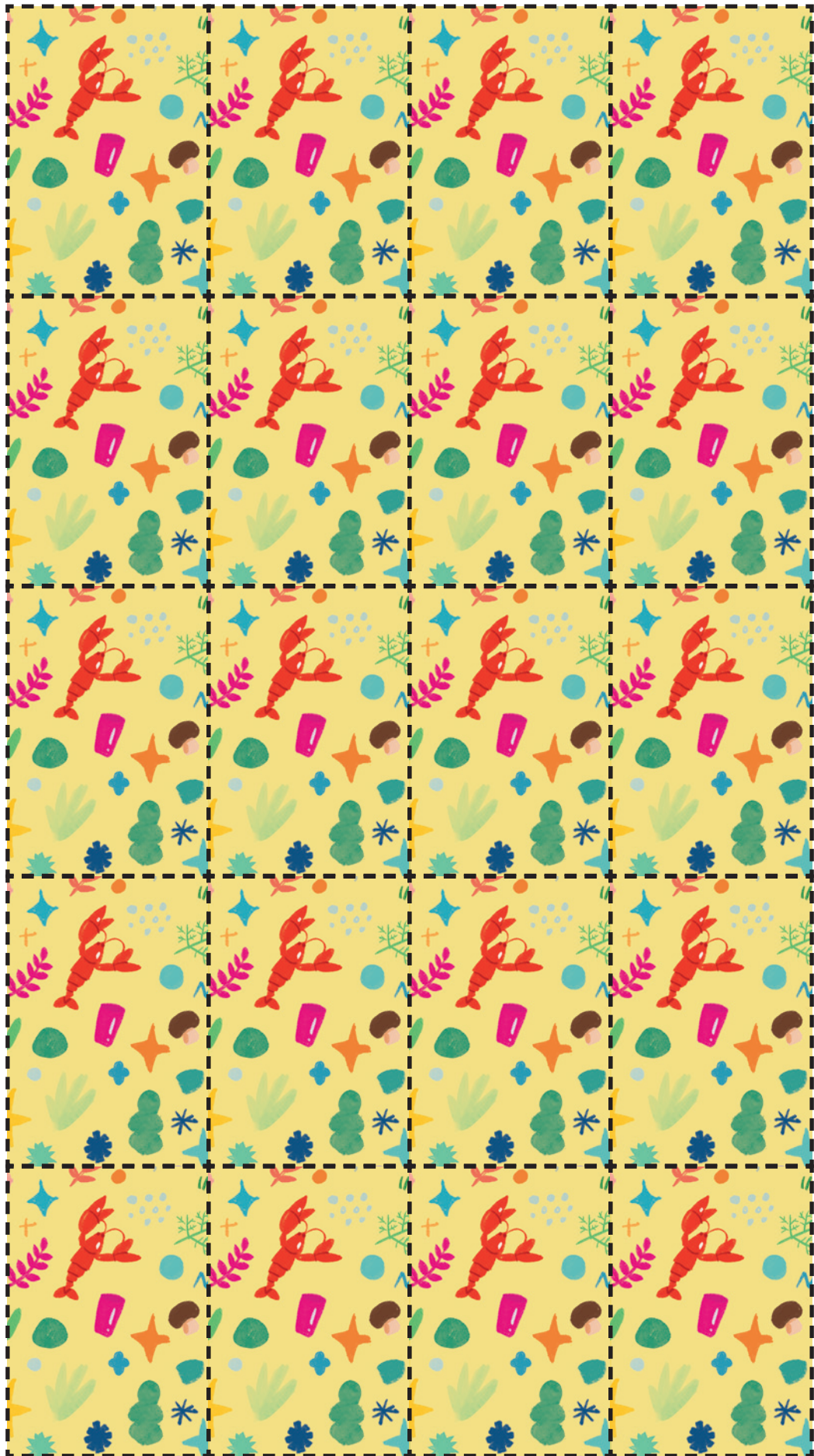


SOUR

<p>Tamarillo</p>  <p>SOUR</p>	<p>Feijoa</p>  <p>SOUR</p>	<p>Lemons</p>  <p>SOUR</p>	<p>Kimchi</p>  <p>SOUR</p>
<p>Orange Peel</p>  <p>BITTER</p>	<p>Bitter Melon</p>  <p>BITTER</p>	<p>Blodpudding</p>  <p>BITTER</p>	<p>Aubergine</p>  <p>BITTER</p>
<p>Artichoke</p>  <p>BITTER</p>	<p>Dark Chocolate</p>  <p>BITTER</p>	<p>Kale</p>  <p>BITTER</p>	<p>Chard</p>  <p>BITTER</p>
<p>Seaweed</p>  <p>SAVOURY</p>	<p>Tuna</p>  <p>SAVOURY</p>	<p>Natto</p>  <p>SAVOURY</p>	<p>Soy Sauce</p>  <p>SAVOURY</p>
<p>Tofu</p>  <p>SAVOURY</p>	<p>Salami</p>  <p>SAVOURY</p>	<p>Tomatoes</p>  <p>SAVOURY</p>	<p>Miso</p>  <p>SAVOURY</p>



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